



*Shoot for the moon. Even if you miss, you'll land among the stars. ~Les Brown*

The Standards of Learning (SOL) assessments are coming quickly. We know our students are ready! Here are three easy ways to help your student be the best they can be....

**Move it, Move it: Researchers** have found that children who participate in vigorous exercise 3 days a week score 10% better in school than their less-active counterparts. With Daylight Savings in effect, get those kids outside, and running around. Enjoy the fresh air and warmer weather!

**ZZZzzzzz:** Extensive research has been conducted on the effect sleep has on academics. Students who lose even one hour of sleep can perform below their usual capabilities. Please be sure your student has a calm, relaxing evening, and an early bedtime.

**Breakfast is Essential:** Research reveals students who regularly eat a nutritious breakfast, perform better on tests measuring math, reading, memory, speed and other cognitive abilities. Spend some time planning ahead for some easy-to-prepare, yummy, and healthy breakfasts.

*SOL Test Dates are on the Hornsby Website and in the Flight Plan under Announcements.*

**Teacher Appreciation Week is the week of May 6th. Please take a moment to thank our teachers for all they do on a daily basis. Give them a call, drop off a thank you note, send an email.....They are amazing!**



**April is the Month of the Military Child, providing an opportunity to recognize and honor the service of Virginia's youngest heroes, over 70,000 military children. If your military student would like to do a Military Shout Out on the announcements, please have them stop by School Counseling for more information.**

# Hawk Flight Plans



Monday, April 29, 2019: B Day

Tuesday, April 30, 2019: A Day

Wednesday, May 1, 2019: B Day

Thursday, May 2, 2019: A Day

- ✦ Band concert at 7:00 p.m. Cost: Two donated non-perishable food items

Friday, May 3, 2019: B Day

- ✦ Military Breakfast/Reception 8:30-9:30am: See announcements
- ✦ NJHS letters of selection sent home
- ✦ Have a great weekend



## Announcements/Looking Ahead



## SOL Test Schedule

Hornsby students will show what they know when they take their SOL tests in May. See the calendar below for dates.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>13</b>	<b>14</b>	<b>15</b> Gr. 6 Reading	<b>16</b> Gr. 7 Reading	<b>17</b> Gr. 8 Reading
<b>20</b> Make-up Testing	<b>21</b> Math 6 & Accelerated Math 6	<b>22</b> Gr. 8 Civics	<b>23</b> Math 7	<b>24</b> Alg. 1 (all grades) & Geometry
<b>27</b> Memorial Day	<b>28</b> Make-up Testing	<b>29</b> Gr. 8 Science	<b>30</b> Expedited Retakes	<b>31</b> Expedited Retakes

\*Make-up testing and expedited retakes will continue through the last day of school

April continues to be the Month of the **Military Child** in which we honor the sacrifices made by military families worldwide, with an emphasis on the experience of the dependent children of military members serving at home and overseas. In order to culminate this celebration, we invite military personnel parents to come visit our school cafeteria on **Friday, May 3rd from 8:30-9:30 AM for a breakfast honoring their service**. All branches, active and retired, are more than welcome to attend. We will be creating a special slideshow to highlight the military child during the event. If you are

## Hawk Flight Plans



interested in being spotlighted, please send a photo with your name and student's name to Mr. Denny, one of our school counselors at [joshua.denny@wjccschools.org](mailto:joshua.denny@wjccschools.org)

**Thank you to our NASA visitors!** On Tuesday, April 23<sup>rd</sup>, all 6th grade Science classes were fortunate enough to hear presentations on the history, projects, innovations, missions, and future plans for Space Exploration ( to go to the moon, again, then to Mars).

**Wednesday, May 8<sup>th</sup>. Choir concert:** 6th grade starts at 7:00 pm. 7th and 8th grade concert starts at 7:30 pm. 8th grade should come dressed in their uniforms.

Call times for each grade:

6th- 4:45 pm

7th- 5:20 pm

Hawkapella: 5:30 pm

8th- 6:00 pm

With the advent of warm weather please take a moment to review the **dress code** found on the **main Hornsby webpage, on the left side, near the bottom**. Part of doing our best and being successful every day relies on looking and feeling our best. Clothing and dress can be a form of individual expression; however, it should convey a sense of personal pride and confidence found in a professional setting, such as a school.

Please consider sending Kleenex into your student's classrooms. Springtime allergies are causing lots of sneezing and nose blowing!!

**Parents/Guardians** – If you have moved and HMS does not have your new address please contact Marcia, Registrar, at (757)565-9438. Items needed for a change of address: 2 proofs of residency, and the Residency Affidavit completed. Please remember, we have some students going to high school in the fall and this may impact which school your student will attend. Have a great weekend and I'm looking forward to hearing from these families.

**Has your student lost their eyeglasses?** They may be in clinic. Please contact Nurse Vona if you are missing eyeglasses.

**Teacher Appreciation Week will be May 6th-10th** this year and we would love your help celebrating our teachers and faculty at Hornsby! Please see the Signup Genius for ways you can help: [www.signupgenius.com/go/20f0c48acaf2ea31-hornsby](http://www.signupgenius.com/go/20f0c48acaf2ea31-hornsby)

**Nurse Vona's Dress for Success Closet:** Nurse Vona is requesting donations of new or gently used semiformal wear for stepping up and 8<sup>th</sup> grade dance. Male and female clothing in all sizes is needed. Shoes, bow ties, button down shirts or polos, dress pants, and dresses are all needed. Donations may be sent to the Hornsby clinic with students or delivered between 7:30 and 3:30 by parents. Also, if there are any students



that need to utilize Nurse Vona's Dress for Success Closet, please encourage them to stop by clinic or see any adult in the school for assistance.

Please turn in your **BoxTops** to help support your school. These little treasures bring in money that help support our Honor Roll program.

Want to show a Hornsby employee they are appreciated, but not sure how? You can purchase dress down days for your favorite teacher or support staff. **Hornsby is participating in Jeans Mondays and T-Shirt Tuesdays to support the American Cancer Society Relay for Life.** You can purchase 4 dress down days for 5\$ or 14 for 15\$. Deliver cash or a check made out to the American Cancer Society to Nurse Vona and she will deliver your gift. She can be reached at 565-9450 or [beth.vona@wjccschools.org](mailto:beth.vona@wjccschools.org) with any questions. **All donations go to the American Cancer Society. Thank you for your support.**

**Student tech tip:** there is a **Tech Kiosk** available to students each day in **room 1105** to assist with repairs and mechanical issues.

Schedule:

Monday/Tuesday/Friday: 9:00-10:00 am

Wednesday/Thursday: 8:15-9:15

**If you are picking your child up from school or they are riding a different bus, please make sure you send a note and ask them to turn it into the office.**

## ***Important Dates:***

May 7: Interim Reports Go Home

May 8: Choir Concert: See announcements for times

May 9: Orchestra Spring Concert at 7pm

May 22: NJHS Induction Ceremony 5:30pm All inductees are expected to attend this ceremony – more details will follow in letter of selection.

May 27: Memorial Day Schools and Offices Closed

June 7: SOLabration (field day activities)

June 7: 8<sup>th</sup> Grade Dance 7-10pm

June 12: MS Early Release: 12:25pm

June 12: **Stepping Up (8<sup>th</sup> grade ceremony) 2pm at WHS**

June 13: Early Release 12:25pm

June 20: Report Cards Mailed Home





## ***Thank you!!!***

Thank you to all **8<sup>th</sup> grade students** for being reflective during your high school planning meetings.

Thank you **SHIP Club sponsors** for great year.

Thank you to **our amazing administrative assistants** for all of their hard work!

Thank you to our **PE teachers and long term PE substitutes** for their never ending positive spirits and flexibility.

**Our students are wonderful!** Students have been following the Hawk expectations. Our Hawks SOAR!

## **Hornsby Hawks SOAR**

**Safe**

**Organized**

**Accountable**

**Respectful**