

**Student Name:** \_\_\_\_\_

**In order for your counselor to write an accurate and insightful college recommendation, please answer the following questions. Please be aware that this information may be used in writing your recommendation.**

1. What three adjectives best describe you? (*give at least one example for each adjective*)
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  
2. Are there any circumstances that may have interfered with your academic performance that you would like to share with the colleges?
  
  
  
  
  
  
  
  
  
  
3. On the back of this page, list school activities (clubs, sports, offices held), volunteer activities and work experiences.
  
  
  
  
  
  
  
  
  
  
4. List any awards or honors you have received.
  
  
  
  
  
  
  
  
  
  
5. Describe yourself as an individual. In what ways are you unique?
  
  
  
  
  
  
  
  
  
  
6. Describe your greatest accomplishment.
  
  
  
  
  
  
  
  
  
  
7. List your hobbies, special interests, and/or talents.
  
  
  
  
  
  
  
  
  
  
8. What field are you most interested in pursuing as a possible career? Is there any special reason why you have chosen this career?

<b>Name of Activity</b>	<b>Years of Participation</b>