



Toano Fall Sports Interest

FOOTBALL, FIELD HOCKEY, VOLLEYBALL, AND CHEER

CURRENTLY COLLECTING

#1 Completed VHSL physical dated after May 1, 2021.

All 4 pages, including Parent/Student signatures, must be completed and submitted (see submission instructions below) prior to conditioning and/or tryouts. Physicals will not be collected at conditioning and/or tryouts.

Link to VHSL Physical:

<https://tinyurl.com/VHSL-Form>

#2 Report Card from Quarter 4.

Must be submitted prior to conditioning and/or tryouts.

#3 Complete Mandatory Pre-Registration Form

<https://forms.office.com/r/Q7dsFMuQ3U>

Submit Items #1 and #2 To:

**Athletic Director ATT: Jennifer Bowles
Option #1**

**Email: Jennifer.Bowles@wjccschools.org
Option #2**

**Drop Box: Toano Middle School
Front Entrance-Door #1**

**Tryout Dates and
Times: TBA
Please check our
webpage for
updates.**

Optional Q & A Session

Thursday, June 17th at 6:00pm

Link to Zoom Meeting

**[https://wjccschools-
org.zoom.us/j/84365155034](https://wjccschools-org.zoom.us/j/84365155034)**