

Name: \_\_\_\_\_  
 Grade: \_\_\_\_\_  
 Date: \_\_\_\_\_

Teacher: \_\_\_\_\_  
 Time: \_\_\_\_\_

**Toano Tiger Reflection Form**  
**“The first step in gaining wisdom is reflection”**

<b>Student Input—Circle all that apply</b>			
<b>What did you want?</b>			
Attention From Peer	Attention From Adult	Control	Avoid Task
Avoid Adult	Avoid Peer	Obtain Something	To Get Even
<b>How did your behavior affect others?</b>			
Angered Them	Distracted Them	Made Them Feel Unsafe	Irritated Them
Made Them Sad	Caused loss of Class Time	Made Others Misbehave	Made others Retaliate
<b>Did you try something to cool down? <b>Yes or No?</b> (Circle) If yes, <b>which one?</b> If no, <b>which one could you have tried?</b></b>			
Apologize	Clean Up	Complete Work	Problem Solve
Make a Plan	Do Something Nice	Write a Letter	Listen to Others

1. What action, words, or body language did I use that led to this reflection form?

2. How did my actions or words affect others?

3. How can I correct it?

**Teacher Input**

**Brief Description of Behavior**

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**Conversation Summary/Teacher Reflection**

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