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Family Life Standards of Learning Objectives for middle school students.

**GRADE 6:** 6.1 understand personal hygiene practices and the physical changes that occur during puberty; 6.2 explain the effects of growth on development, attitudes, and interests; 6.3 continue to identify physical and emotional changes that occur during puberty and their effects on growth and development; 6.4 recall basic facts about sexually transmitted infections; 6.5 be able to describe etiology, effects, and transmission of HIV; 6.6 summarize the process of human reproduction and the benefits of postponing premarital sexual activity; 6.7 describe personal characteristics that can contribute to happiness for self and others; 6.8 demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse; 6.9 become aware of community healthcare and safety agencies and their functions; 6.10 explain the effects of substance abuse on the individual, family, school, and society; 6.11 evaluate the messages from mass media related to sexuality and gender stereotyping; 6.12 explain laws protecting children from inappropriate and abusive behavior of others, including human trafficking; 6.13 apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions.

**GRADE 7:** 7.1 identify his or her role and relationships within the family; 7.2 recognize the physical development of his or her sex characteristics and how they affect emotional and social growth; 7.3 realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family; 7.4 recognize that sexual behaviors are conscious decisions; that it is important to say “no” to premarital and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring; 7.5 identify messages in society related to sexuality; 7.6 explore safety issues related to the Internet; 7.7 be aware of the consequences of preteen and teenage sexual intercourse; 7.8 list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage; 7.9 describe the signs and symptoms of pregnancy; 7.10 develop an understanding of and responsibility for family planning; 7.11 explain techniques for preventing and reporting sexual assault and molestation; 7.12 identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV; 7.13 identify the issues associated with friendships; 7.14 realize the role of peers and the peer group during adolescence, and the nature and purpose of dating; 7.15 recognize contributions of various racial and ethnic groups to family life and society; 7.16 increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.

**GRADE 8:** 8.1 relate stages of human development to his or her own developmental level; 8.2 recognize the development of sexuality as an aspect of the total personality; 8.3 become aware of the need to think through decisions and to take responsibility for them; 8.4 identify the issues associated with friendships; 8.5 recognize the nature of dating during adolescence; 8.6 interpret the messages in society related to sexuality; 8.7 describe strategies for saying “no” to premarital sexual relations; 8.8 develop the coping skills needed to deal with stress; 8.9 identify the stresses related to changing relationships in the home, school, and community; 8.10 analyze the issues related to teenage pregnancy; 8.11 review facts about pregnancy prevention and disease control; 8.12 describe the effects of alcohol and drug use and abuse on families and peer relationships; 8.13 identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation; 8.14 recall the ways in which the HIV virus is transmitted and prevented.

\*Complete curriculum with descriptive statements is available at the parent link: [www.wjccschools.org](http://www.wjccschools.org), in your school’s media center, and public libraries

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