

HOOPING AROUND

Purpose: Students will associate visual colors with spoken colors and work cooperatively with others.

Suggested Grade Level: Pre-K - K

Math SOL: Patterns, Functions, and Algebra K.15

Equipment/Materials Needed: 8-10 different colored hoops (make sure there are at least two of each color).

Advance Preparation: Scatter hoops in the center of the play area.

Directions:

1. Have students move about the perimeter of the space by following your directions. When you say “hop” they can hop around the room; when you say “leap”, they can leap etc. Some other activities for them to practice are: gliding, jogging, galloping, walking backwards etc.
2. After they have practiced the various physical activities, ask them to gather around the hoops. Ask them to name the colors of the hoops as you hold them up.
3. Tell them that they will be playing a game with physical activity and colors. You will call out a type of physical activity and the name of a color and then they should move as quickly as they can to the hoop with the same color game—and they can only go to the hoop by using the physical activity that you have just mentioned.
4. Once they get to the correctly colored hoop, they must put one of their feet inside of the hoop. More than one student at a time can have their feet inside the same hoop.
5. Check to make sure that they all have selected the correctly colored hoop. Say the name of the color to reinforce the connection between the visual color and the spoken name of the color.
6. Repeat the activity, calling out a different physical activity each time and a different color. Continue as long as time permits.

Modifications/Variations: Put a number or a letter in each hoop, and instead of colors, have students go to a hoop that has a certain number, shape or letter of the alphabet.

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