

NUMBER JUMP

Purpose: Students will recognize numbers 1-12 and count out loud using physical movement to reinforce the counting.

Suggested Grade Level: PK - K

Math SOL: Number and Number Sense K.2, K.4

Equipment/Materials Needed: 12 index cards, each having a number from 1-12 written on it

Directions:

1. Tell students to stand far enough apart so that they will have room to move without bumping the students next to them.
2. Walk around the room with the number cards face down in your hand.
3. Have each student take a turn drawing a number from your hand and reading that number to the class.
4. After each student reads his number, say “go” and signal the class to jump that number of times in place and count out loud.
5. Continue in this way until all students have had a chance to draw a number.

Modifications/Variations:

1. Have students do different activities such as jumping jacks, push ups, windmills, curl ups, etc. For a smaller area such as a classroom, activities could be marching in place, touching hands to knees etc.
2. Use higher numbers.

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