

Local Practitioners

Clinical Associates of Tidewater

12695 McManus Bldg 8 Newport News, VA 23602 Phone: (757) 877-7700 Fax: (757) 872-7211
www.catnn.com/

Naomi S. Goldblum, Ph.D., Clinical Psychologist

She works with children, adolescents, adults, and families with behavioral and emotional difficulties including ADHD, depression and anxiety disorders, divorce and adjustment disorders.

Howard J. Bierenbaum, Ph.D.

He specializes in treatment of children, adolescents and families; couples and individual adults. He also does psychological evaluations.

Cathleen A. Rea, Ph.D.

She has special interests in family loss issues (bereavement, separation/divorce transition, relocation), preschool concerns, and ADHD/learning problems. She also does psychological evaluations.

David Hopkinson, Ph.D.

He works with adolescents and adults from a family and systems perspective.

Helen Jones, Psy.D., Licensed Professional Counselor

352 McLaws Circle, Suite Williamsburg, VA 23185 Phone: (757) 564-4580
She works with children from pre-school to high school and their families.

Antonina (Toni) Vitale, LCSW 757-758-6635 tonivitale.lcsw@gmail .com

Individual, Couple and Family Counseling
Evening and Weekend Appointments available
4732 Longhill Road Suite 3202
Williamsburg, VA 23188

Sharon Harper, LCSW 757-345-8500

Individual and Family Therapy, Free Consultation, Self Esteem Group for teenaged girls
4732 Longhill Road, Suite 3202
Williamsburg, VA 23188

Joan R. Milkavich, Licensed Professional Counselor

352 McLaws Circle, Suite 3 Williamsburg, VA 23185 Phone: (757) 564-4590
She works with ADULTS ONLY in the areas of anxiety, trauma, phobias, stress management, life skills, grief and loss, chronic illness and pain.

Helen Henrich (Hen-rick), Licensed Clinical Social Worker

1158 Professional Dr., Suite K. Williamsburg, VA 23185 Phone: (757) 634-1780; (804) 335-6233 (cell)
www.HelenHenrichLCSW.com

She provides counseling for children, families, and adults.

Thomas W. Hale, Ed.S., Licensed Professional Counselor

489 McLaws Circle, Suite 2 Williamsburg, VA 23185 Phone: (757) 220-2766
He works with middle and high school students and their families.

Lisa Query, Ph.D., Licensed Clinical Psychologist

501 Prince George Street, Suite 206 Williamsburg, VA 23185 (757) 784-1422

She specializes in working with high school and college students in the areas of eating disorders, adjustment, self-esteem, and body image.

Douglas Riley, Ph.D., Licensed Clinical Psychologist

He works with children from ages three to nineteen - specializes in ODD, depression, anxiety as well as ADHD. He is also a published author.

710 Denbigh Blvd, #6a1 Newport News, VA 23608 (757) 833-8144

www.drdouglasriley.com

Jana Brultz, Licensed Professional Counselor

215 McLaws Circle, Suite 1 Williamsburg, VA 23185 Phone: (757) 345-6428

She works with children ages eight and older, adolescents, adults, couples, and families. She works with a variety of issues, including anxiety, trauma, loss, and depression.

Email: intherapy@cox.net Web: www.independencepsych.com

Kimberly Harlow, Licensed Professional Counselor

1158 Professional Drive, Suite D Williamsburg, VA 23185 Phone: (757) 506-5359

She treats preschoolers through adults and has a cognitive-behavioral focus. She specializes in anxiety, depression, post-traumatic stress disorder, ADHD, and trauma.

Web: www.harlowcounseling.com

New Horizons Family Counseling Center

The College of William & Mary

301 Monticello Ave, Williamsburg, VA

Phone: 757-221-2363

Fax: 221-1983

A University-based, student operated, family counseling teaching clinic serving the families of students referred by the public schools and providing clinical instruction in marriage and family counseling for both masters and doctoral-level graduate students. The New Horizons Family Counseling Center provides free services to families of children attending public schools in Gloucester, Hampton, York County, Newport News, Poquoson, and Williamsburg/James City County.

Child and Family Connection

348 McClaws Circle, Suite 3

Williamsburg, VA 23185

(757) 229-7940

www.childandfamilyconnection.org

Through the unique approach of providing culturally and linguistically sensitive counseling, they are able to assist with such issues as grief, divorce, defiant behavior, trauma and more while promoting a healthier, happier future for these families and individuals.

Bacon Street

247 McLaws Circle, Suite 100

Williamsburg, VA 23185

Phone: (757) 253-0111

<http://baconstreet.org/>

A family focused provider for families with troubled teens. Provides services to young people and families affected by substance abuse and/or mental health issues. Bacon Street utilizes evidence-based practices to assure quality assessment of problems, and attention to the "whole person" in working with individuals and their families. Private, non-profit agency of the United Way. Accepts insurance, self-pay, and they offer a sliding scale and payment assistance.

Greater Williamsburg Network of Care Website

<http://gwcac.va.networkofcare.org/mh/home/index.cfm>

This site is a resource for individuals, families, community providers and agencies concerned with behavioral health. It provides information on regional behavioral health services, relevant statutory regulations and related news. This site also serves as an online community and a link to a comprehensive knowledge base, as well as other helpful resources.

Colonial Behavioral Health (formerly Colonial Services Board)

24-hour Behavioral Health Crisis Phone: 757-220-3200

Williamsburg Office:

1657 Merrimac Trail
Williamsburg, VA 23185
Phone: 757-220-3200
Fax: 757-229-7173

Child Assessment Center:

921 Capitol Landing Road
Williamsburg, VA 23185
Phone: 757-253-4047

Grafton Office:

3804 George Washington Memorial Hwy.
Yorktown, VA 23692
Phone: 757-898-7926
Fax: 757-898-4505

<http://www.ColonialBehavioralHealth.org/>

A mental health program for children, adolescents, adults, and families experiencing psychological, emotional, or behavioral difficulties in managing their everyday lives and relationships. Sliding scale is available. Also includes **Greater Williamsburg Child Assessment Center**, which provides assessment and resources for families related to behavioral health.

Rock Landing Psychological Group

The James Building
11825 Rock Landing Drive
Newport News, VA 23606

Phone: (757) 873-1736 Fax: (757) 873-1028
www.rocklandingtherapy.com/

William Brockman, Ed.D., Licensed Professional Counselor

He works with children, adolescents, adults, and families in the areas of ADHD and school adjustment, Childhood and Adolescent Behavior and Emotional Problems, Child Abuse, Alcohol and Chemical Dependency, Anxiety, Depression, Marital Problems.

Denise Hall, Licensed Clinical Social Worker

She works with children over four, adults, and families in the areas of ADHD, Adjustment Disorder, Depression, Anxiety, Asperger's Disorder, Bipolar Disorder, Children of Divorce, Grief/Loss, Life Transitions, Parenting Issues, Behavior Problems, ODD, Self-Injury, Sexual Abuse, and Physical Abuse.

Robert J. Kelly, Licensed Clinical Social Worker

He works with children over six, adolescents, adults, and families in the areas of Depression and Stress, Couple and Family Relationship Difficulty, Academic and Behavioral Problems, ADHD, Job and Career Issues, Single Parenting, Step Families, and Illness Related Stress.

Edward J. Whitacre, LCSW, Psychotherapist

He works with teens, adults, and families struggling with anger, grief, loss, trauma, substance abuse, anger management and depression.

Hampton Roads Counseling Center

Towne Bank Bldg, Suite 100
6515 George Washington Memorial Hwy.
Grafton, Virginia 23692

Phone: 757-877-9140 Fax: 757-877-3925
www.hamptonroadscounseling.com/

Rhonda Sproles, Licensed Clinical Social Worker

She works with children seven and above, teenagers, and families in the areas of separation and divorce, co-parenting, infidelity, step parenting, and military family issues.

Catherine D. Smithson, Licensed Clinical Social Worker

She works with older teenagers and adults with issues of depression, anxiety, codependency and post traumatic stress. She works with individuals, families and couples, including gay and lesbian issues.

Family Living Institute

1313 Jamestown Road, Suite 202
Williamsburg, VA 23185

Phone: 757.229.7927
www.familylivinginstitute.com/

Jo-Ann Wagner, MSW, Licensed Clinical Social Worker

She works with children and families in the areas of Attention Deficit Disorders, Child Sexual Abuse, Childhood Grief, social skills groups for children and young adolescents, use of registered dog therapy dog "Boomer" to facilitate therapy with children and adults (such as those fearful of dogs, abusive to animals, resistant to traditional psychotherapy or who are difficult to reach)