

Language Arts

Reading/Oral Language

Nursery Rhyme Sequence Relay

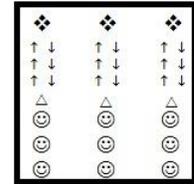
Purpose: to introduce, enrich, and reinforce sequence through physical activity.

Grade: K

Length



Activity



Materials

- Cones (one per group of students) - optional
 - Sets of Nursery Rhyme Sequence cards (one set per group of students)
- Note: each set of cards should be a different color so each group has a select color to retrieve.

Print from :

<https://www.teacherspayteachers.com/Product/Nursery-Rhyme-Vocab-Cards-Sequencing-and-Go-Togethers-190709>

Advanced Prep

- Print, cut and laminate Nursery Rhyme Sequence cards. Each Nursery Rhyme should be printed on a different color.
- Scatter relay cards in the middle of the playing area. Place cones in each corner of the room.

Procedure

- 1) Divide the students into groups by assigning them to a cone, have them line up behind their cone.
- 2) Tell the students what type of locomotor skill they will be using today (run, skip, crabwalk, etc.).
- 3) Assign each group a color card to retrieve.
- 4) On the "go" signal the first student in each line will travel to collect a card that matches their assigned group color. Bring the card back, place it under their cone, and high five the next member of their team as a signal to go. Once all the cards have been collected have the students take them out from under the cone and work together to or sequence the cards.
- 5) Once the students have sequenced their cards have them stand up and complete an exercise (jumping jacks, squats, toe touches, etc.) as a signal that they are ready to be checked.

Cool Down

- Pretzel arms with deep breathing.

Suggestions/Modifications

- As each group finishes, have the students rotate through the different color groups so they can have a chance to sequence all Nursery Rhymes.

This lesson was developed by the School Health Initiative Program (SHIP) for the Williamsburg James City County Public Schools (WJCCPS), Williamsburg, VA. SHIP is funded by the Williamsburg Health Foundation (WHF). Parts or all of this lesson can be used and reproduced without permission provided that SHIP, WJCCPS and WHF are credited.

