

## Language Arts

### Reading

#### Sight Word Fitness Scavenger Hunt

**Purpose:** to introduce, enrich, and reinforce high frequency sight words while participating in physical activity.

**Grade:** K-1

#### Length



#### Activity



#### Materials

- 12 sight words on paper to post on wall with exercises. (attached)
- Strips of paper with 3 sight words on each strip. (attached)

#### Advanced Prep

- Place sight words with exercise pictures around room on the walls.
- Place strips of paper in the middle of the room.

#### Procedure

- 1) Explain to students that they will be working on sight words today.
- 2) Instruct them to each go to the middle of the room and select one slip of paper. Each slip has three words on it.
- 3) Tell students to move around the room searching for the first word on their list and, when they find it, they are to participate in the activity that is shown on the card.
- 4) Explain that they should proceed to the next word on the list and do the activity shown on that card as well.
- 5) Have students repeat the process for the third word.
- 6) Once they have gone to each word and done the activities they go to the teacher and read the three words.
- 7) They then return their slip of paper back on the ground and pick up another slip of paper and repeat for those 3 sight words.

#### Cool Down

- Pretzel arms with deep breathing.

#### Suggestions/Modifications

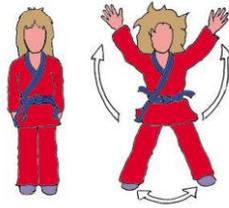
- Demonstrate exercises printed on cards.
- Stagger the students retrieving the cards so everyone is not going at once, or have students work in partners and take turns.
- Have students write their words down before retrieving a new slip.
- Suggested topics: number identification, etc.

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# was

5 jumping jacks



---

# the

3 curl ups



# he

6 windmills



---

# like

triangle stretch 5 seconds



# to

10 cross crawls



# it

run in place 10 seconds



# go

run in place 10 seconds



# she

10 cross crawls



# can

triangle stretch 5 seconds



# will

6 windmills



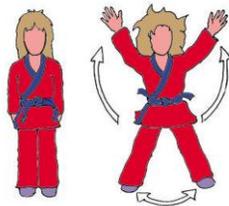
# look

3 curl ups



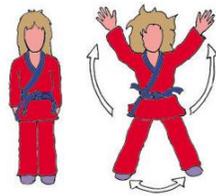
# are

5 jumping jacks



# i s

5 jumping jacks



---

# o n

3 curl ups



# no

6 windmills

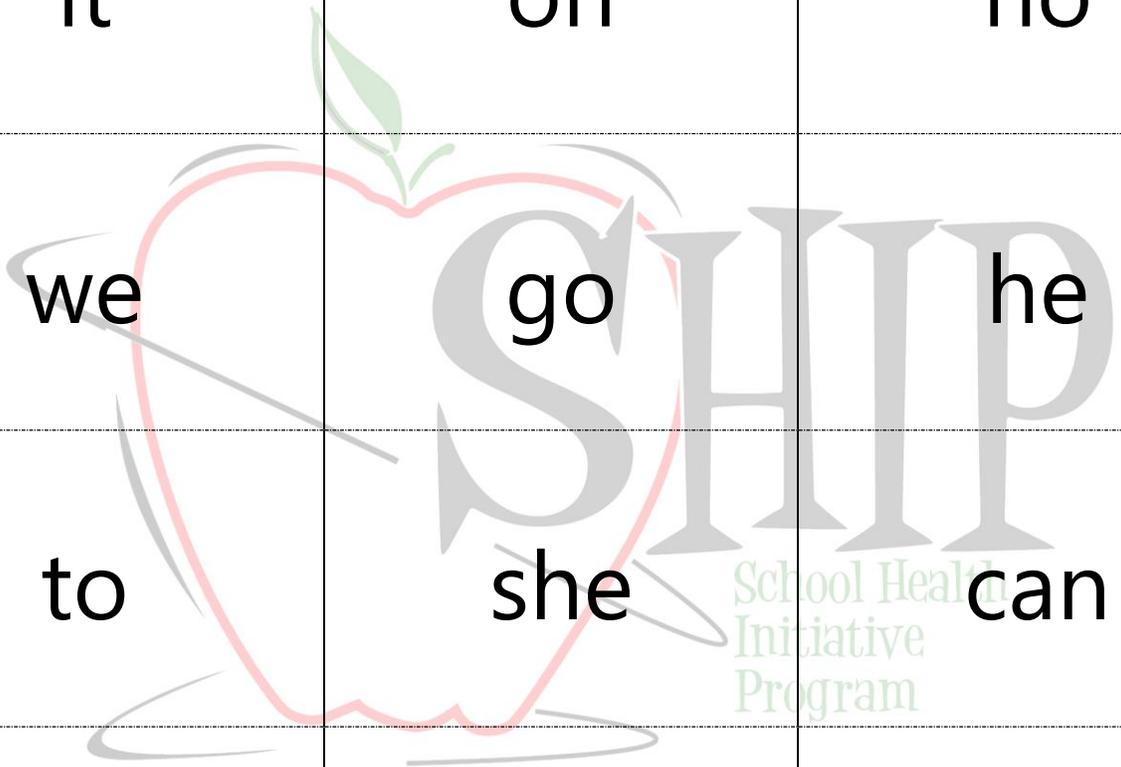


# and

10 cross crawls



he	the	is
it	on	no
we	go	he
to	she	can
the	are	and



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look

like

will

was

he

go

will

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look

it

on

and

are

can

to

is

the

look

was

to

the

go

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