



Fruit & Cheese Kabobs

This recipe is easily changed to use favorite fruits and cheeses, what's on sale, or what you already have in the kitchen. The kabobs are fun for parties, potlucks, or afternoon snacks.

Ingredients for 12 kabobs:

- 12 wooden skewers
- 4 cups fresh fruit. We like:
 - Strawberry halves
 - Grapes
 - Blueberries
 - Melon cubes, 1 inch
 - Pineapple chunks
- 12 low-fat cheese sticks. We like:
 - Mozzarella
 - Cheddar
 - Colby Jack

Directions:

1. Cut each cheese stick into 3-4 pieces.
2. Alternately thread your fruit and cheese pieces onto the skewers.
3. Cover and refrigerate until serving. If using apples or bananas, serve immediately.

