Family Life Standards of Learning Objectives for high school students.

**GRADE 9:**
9.1 understand the human growth and development cycle.
9.2 explain the importance of the family, as a basic unit of society and his or her responsibility as a member of the family.
9.3 recognize the development of sexuality as an aspect of the total personality.
9.4 review and apply the decision-making process.
9.5 review the nature and purpose of dating.
9.6 realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.
9.7 interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation, and human sex trafficking.
9.8 relate specific information on substance use and abuse to each stage of the life cycle.
9.9 be able to explain the process of reproduction.
9.10 demonstrate the understanding of specific health issues, including the ability to conduct self-examinations.
9.11 demonstrate knowledge of pregnancy prevention and disease control.
9.12 explain the transmission and prevention of HIV.
9.13 identify the effects of discrimination.
9.14 begin to identify educational and career goals.

**GRADE 10:**
10.1 determine how maturation affects adolescents.
10.2 describe his or her own attitudes concerning expectations of self and interpersonal relationships.
10.3 will examine values, morals, and ethics essential to the growth and maintenance of positive human relationships.
10.4 use the steps in the decision-making process to solve specific problems.
10.5 recognize the benefits of abstaining from premarital sexual intercourse.
10.6 recognize alternatives to premarital sexual activity for expressing feelings and affection.
10.7 explain the factors to be considered in preparing for dating and marriage.
10.8 examine the factors to be considered life-goal planning.
10.9 describe the signs and symptoms of pregnancy.
10.10 analyze the factors associated with a healthy pregnancy.
10.11 explain the importance of supportive roles of the mother and father through pregnancy and birth.
10.12 describe available birthing options.
10.13 identify the stages of the birthing process.
10.14 analyze the skills and attitudes needed to become a competent parent.
10.15 describe adjustments to be made after the birth of a child.
10.16 compile a list of community agencies and resources available to assist individuals and families.
10.17 review the positive aspects of family life as a basic unit of society and as a means of personal development.

**GRADE 11:**
11.1 evaluate individual strengths and weaknesses in relation to personal, educational, and career goals.
11.2 relate major theories of human development to his or her own situation and/or developmental level.
11.3 recognize the advantages of abstinence from premarital sexual relations, reinforcing methods of saying “no” to undesirable behavior.
11.4 explain how television and internet can have both positive and negative effects on the development to individuals—children, adolescents, and adults.
11.5 express his or her own attitude toward parenting.
11.6 develop skills in making parenting decisions.
11.7 classify the major problems, issues, and decisions related to each stage of the family life cycle.
11.8 identify parenthood options in terms of questions to be answered and decisions to be made.
11.9 describe characteristics of newborn infants.
11.10 recall ways to cope with common fears and concerns regarding the care of newborn infants.
11.11 describe the adjustments family members face in the postnatal period.
11.12 explain the stages of growth and development in children.
11.13 calculate the personal considerations and financial costs of childbearing.
11.14 identify criteria for selecting adequate child-care services.
11.15 analyze community resources to meet specific needs.

**GRADE 12:**
12.1 describe the value of the home and family as primary sources of enrichment and personal renewal.
12.2 analyze the effects of cultural and family patterns on individual and family development.
12.3 describe the types of adjustments and sources of conflict in interpersonal relationships.
12.4 explain how parental
responsibilities change throughout the family life cycle; 12.5 recognize the challenges of individuals with disabling conditions and ways in which families can be sensitive to and make adjustments for those needs; 12.6 develop a plan for managing resources in the home; 12.7 interpret state laws that affect family life; 12.8 identify ways of preventing and/or coping with various types of violence; 12.9 analyze stress and crisis situations which affect family life; 12.10 identify procedures and criteria for assessing community resources that deal with individual and family problems; 12.11 describe the benefits for saying “no” to premarital sexual activity; 12.12 prepare a plan for the fulfillment of lifelong goals.

*Complete curriculum with descriptive statements is available at the parent link: www.wjccschools.org, in your school’s media center, and public libraries

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