

WJCC SCHOOLS | NOVEMBER 2023 HIGH SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Cereal W/Pop Tart or Muffin 1 Fruit Milk	Breakfast Breakfast Biscuit 1 Fruit Milk	Breakfast French Toast, Pancakes Or Pancake Wrap 1 Fruit Milk	Breakfast Waffles 1 Fruit Milk	Breakfast Breakfast Pizza or Special Of The Day 1 Fruit Milk
		11/1 Choose One Popcorn Chicken Bowl W/Dinner Roll Chicken Sandwich Choose Two Mashed Potatoes W/Gravy Golden Corn Choose Two Assorted Fruits & Juices	11/2 Choose One Sub Of The Day Pizza! Choose Two Baby Carrots W/Dip Vegetable Of The Day Choose Two Assorted Fruits & Juice	11/3 Choose One Hot Dog On A Bun W/Chili & Cheese Sandwich Of The Day Choose Two Oven Baked Fries Baked Beans Choose Two Assorted Fruits & Juices
11/6 Student Holiday No School	11/7 Student Holiday No School	11/8 Choose One Cheesy Pasta Supreme W/Dinner Roll Chicken Sandwich Choose Two Fresh Garden Salad Seasoned Green Beans Choose Two Assorted Fruits & Juices	11/9 Choose One Cheeseburger On A Bun Managers Special Choose Two Fresh Spinach Salad Corn On The Cob Choose Two Assorted Fruits & Juices	11/10 Choose One Corn Dog Nuggets Sub Of The Day Choose Two Oven Baked Fries Baked Beans Choose Two Assorted Fruits & Juices
11/13 Choose One Chicken Nuggets W/Dinner Roll Asian Chicken W/Veggie Rice Choose Two Oven Baked Fries Steamed Broccoli Choose Two Assorted Fruits & Juice	11/14 Choose One BBQ Sandwich Pizza! Choose Two Sunshine Veggies W/Dip Sweet Potato Fries Choose Two Assorted Fruits & Juices	11/15 Choose One Popcorn Chicken Bowl W/Dinner Roll Chicken Sandwich Choose Two Mashed Potatoes W/Gravy Golden Corn Choose Two Assorted Fruits & Juices	11/16 Choose One Sub Of The Day Pizza! Choose Two Baby Carrots W/Dip Vegetable Of The Day Choose Two Assorted Fruits & Juice	11/17 Choose One Hot Dog On A Bun W/Chili & Cheese Sandwich Of The Day Choose Two Oven Baked Fries Baked Beans Choose Two Assorted Fruits & Juices
11/20 Mozzarella Cheese Sticks W/Marinara Sauce Loaded Nachos Bread Stick W/Either Choose Two Fresh Garden Salad Baby Carrots W/Dip Choose Two Assorted Fruits & Juices	11/21 Choose One Chicken Nuggets W/Macaroni & Cheese Pizza! Choose Two Fiesta Beans Vegetable Of The Day Choose Two Assorted Fruits & Juices	11/22 Fall Break Schools & Offices Closed	11/23 Fall Break Schools & Offices Closed	11/24 Fall Break Schools & Offices Closed
11/27 Choose One Chicken Nuggets W/Dinner Roll Asian Chicken W/Veggie Rice Choose Two Oven Baked Fries Steamed Broccoli Choose Two Assorted Fruits & Juice	11/28 Choose One BBQ Sandwich Pizza! Choose Two Sunshine Veggies W/Dip Sweet Potato Fries Choose Two Assorted Fruits & Juices	11/29 Choose One Popcorn Chicken Bowl W/Dinner Roll Chicken Sandwich Choose Two Mashed Potatoes W/Gravy Golden Corn Choose Two Assorted Fruits & Juices	11/30 Choose One Sub Of The Day Pizza! Choose Two Baby Carrots W/Dip Vegetable Of The Day Choose Two Assorted Fruits & Juice	